

Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 17/05/2026

Times for Monday 18 May



Time	Session	Facility	Level
06:30 - 09:00	General Lanes	Main Pool	Lanes Available
09:15 - 11:15	Schools	Main Pool	
09:15 - 11:15	Schools	Teaching Pool	
11:30 - 12:30	General Swim	Teaching Pool	
11:30 - 13:00	Adult Swim (L2)	Main Pool	Lanes Available
12:30 - 14:00	Tots Lessons	Teaching Pool	
13:00 - 14:15	50+ Swim	Main Pool	Lane Available
14:30 - 15:30	Schools	Main Pool	
14:30 - 15:30	Schools	Teaching Pool	
15:45 - 18:45	Junior Lessons	Main Pool	
15:45 - 18:45	Junior Lessons	Teaching Pool	
15:45 - 18:45	General Swim	Main Pool	
19:00 - 20:00	Adult Lanes	Main Pool	
20:15 - 21:00	Aquafit	Main Pool	Booking required