

Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 01/06/2026

Times for Friday 5 June



| Time | Session | Facility | Level |
|---------------|-------------------|---------------|-----------------|
| 06:30 - 08:45 | General Lanes | Main Pool | Lanes Available |
| 09:00 - 10:00 | 50+ Swim | Main Pool | Lane Available |
| 09:30 - 11:30 | Tots Lessons | Teaching Pool | |
| 10:30 - 11:15 | Aquafit | Main Pool | Aqua |
| 11:15 - 12:30 | General Swim (L1) | Main Pool | Lane Available |
| 12:15 - 13:45 | General Swim | Teaching Pool | |
| 12:30 - 13:45 | Adult Swim (L2) | Main Pool | Lanes Available |
| 14:00 - 15:00 | Accessible Swim | Main Pool | |
| 14:00 - 15:00 | Accessible Swim | Teaching Pool | |
| 15:15 - 18:15 | General Swim | Main Pool | |
| 15:45 - 18:15 | Junior Lessons | Main Pool | |
| 15:45 - 18:15 | Junior Lessons | Teaching Pool | |
| 18:15 - 20:00 | General Swim (L1) | Main Pool | Lane Available |
| 18:30 - 20:00 | General Swim | Teaching Pool | |
| 20:00 - 21:00 | Adult Lanes | Main Pool | Lanes Available |