

# Swim Timetable

## Stokesley Leisure and Wellbeing Hub

Accurate as of 25/06/2026

### Times for Wednesday 1 July



Time	Session	Facility	Level
06:30 - 09:15	General Lanes	Main Pool	Lanes Available
09:30 - 10:15	Aquafit	Main Pool	
09:30 - 11:15	General Swim	Teaching Pool	
10:30 - 11:15	Adult Lesssons	Main Pool	
11:30 - 13:00	Adult Swim (L2)	Main Pool	Lanes Available
11:30 - 13:00	Tots Lessons	Teaching Pool	Booking required
13:00 - 14:00	Discount Dip	Main Pool	
13:00 - 14:00	Discount Dip	Teaching Pool	
14:00 - 15:30	General Swim	Teaching Pool	
14:00 - 15:30	General Swim (L2)	Main Pool	
15:45 - 18:45	Junior Lessons	Main Pool	
15:45 - 18:45	Junior Lessons	Teaching Pool	
15:45 - 18:45	General Swim	Main Pool	Lane Available
19:00 - 21:00	Adult Lanes	Main Pool	Lanes Available