

# Swim Timetable

## Stokesley Leisure and Wellbeing Hub

Accurate as of 26/07/2026

| Times for Monday 13 July |                 |               |                  |
|--------------------------|-----------------|---------------|------------------|
| Time                     | Session         | Facility      | Level            |
| 06:30 - 09:00            | General Lanes   | Main Pool     | Lanes Available  |
| 09:15 - 11:15            | Schools         | Main Pool     |                  |
| 09:15 - 11:15            | Schools         | Teaching Pool |                  |
| 11:30 - 12:30            | General Swim    | Teaching Pool |                  |
| 11:30 - 13:00            | Adult Swim (L2) | Main Pool     | Lanes Available  |
| 12:30 - 14:00            | Tots Lessons    | Teaching Pool |                  |
| 13:00 - 14:15            | 50+ Swim        | Main Pool     | Lane Available   |
| 14:30 - 15:30            | Schools         | Main Pool     |                  |
| 14:30 - 15:30            | Schools         | Teaching Pool |                  |
| 15:45 - 18:45            | Junior Lessons  | Main Pool     |                  |
| 15:45 - 18:45            | Junior Lessons  | Teaching Pool |                  |
| 15:45 - 18:45            | General Swim    | Main Pool     |                  |
| 19:00 - 20:00            | Adult Lanes     | Main Pool     |                  |
| 20:15 - 21:00            | Aquafit         | Main Pool     | Booking required |