

# Swim Timetable

## Stokesley Leisure and Wellbeing Hub

Accurate as of 16/07/2026

| Times for Monday 20 July |                   |               |                  |
|--------------------------|-------------------|---------------|------------------|
| Time                     | Session           | Facility      | Level            |
| 06:30 - 10:00            | General Lanes     | Main Pool     | Lanes Available  |
| 10:00 - 11:45            | General Swim (L1) | Main Pool     | Lane Available   |
| 10:00 - 15:00            | General Swim      | Teaching Pool |                  |
| 11:45 - 13:00            | Adult Swim (L2)   | Main Pool     | Lanes Available  |
| 13:00 - 14:15            | 50+ Swim          | Main Pool     | Lanes Available  |
| 14:30 - 18:45            | General Swim (L1) | Main Pool     | Lane Available   |
| 15:45 - 18:45            | Junior Lessons    | Main Pool     |                  |
| 15:45 - 18:45            | Junior Lessons    | Teaching Pool |                  |
| 19:00 - 20:00            | General Lanes     | Main Pool     | Lanes Available  |
| 20:15 - 21:00            | Aquafit           | Main Pool     | Booking required |