

Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 16/07/2026

Times for Wednesday 22 July			
Time	Session	Facility	Level
06:30 - 09:15	General Lanes	Main Pool	Lanes Available
09:30 - 10:15	AquaFit	Main Pool	Booking required
10:00 - 13:45	General Swim	Teaching Pool	
10:30 - 11:15	Adult Lessons	Main Pool	
11:15 - 12:30	General Swim (L1)	Main Pool	Lane Available
12:30 - 13:45	Adult Swim (L2)	Main Pool	Lanes Available
14:15 - 15:15	General swim with inflatable slide	Main Pool	
15:45 - 18:45	Junior Lessons	Main Pool	
15:45 - 18:45	General Swim (L1)	Main Pool	Lane Available
15:45 - 18:45	Junior Lessons	Teaching Pool	
19:00 - 21:00	Swim Club	Main Pool	