

Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 14/08/2026

Times for Monday 17 August			
Time	Session	Facility	Level
06:30 - 10:00	General Lanes	Main Pool	Lanes Available
10:00 - 11:45	General Swim (L1)	Main Pool	Lane Available
10:00 - 15:00	General Swim	Teaching Pool	
11:45 - 13:00	Adult Swim (L2)	Main Pool	Lanes Available
13:00 - 14:15	50+ Swim	Main Pool	Lanes Available
14:30 - 18:45	General Swim (L1)	Main Pool	Lane Available
15:45 - 18:45	Junior Lessons	Main Pool	
15:45 - 18:45	Junior Lessons	Teaching Pool	
19:00 - 20:00	General Lanes	Main Pool	Lanes Available
20:15 - 21:00	Aquafit	Main Pool	Booking required