

Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 14/08/2026

Times for Wednesday 19 August				
Time	Session	Facility	Level	
06:30 - 09:15	General Lanes	Main Pool	Lanes Available	
09:30 - 10:15	Aquafit	Main Pool	Booking required	
10:00 - 13:45	General Swim	Teaching Pool		
10:30 - 11:15	Adult Lesssons	Main Pool		
11:15 - 12:30	General Swim (L1)	Main Pool	Lane Available	
12:30 - 13:45	Adult Swim (L2)	Main Pool	Lanes Available	
14:15 - 15:15	General swim with inflatable slide	Main Pool		
15:45 - 18:45	Junior Lessons	Main Pool		
15:45 - 18:45	General Swim (L1)	Main Pool	Lane Available	
15:45 - 18:45	Junior Lessons	Teaching Pool		
19:00 - 21:00	Adult Lanes	Main Pool	Lanes Available	