Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 12/11/2026

Times for Wednesday 18 November

Time	Session	Facility	Level
06:30 - 09:15	Lane Swim	Main Pool	Lanes Available
09:30 - 10:15	Aquafit	Main Pool	Booking required
09:30 - 11:15	General Swim	Teaching Pool	
10:30 - 11:15	Adult Learn to Swim	Main Pool	
11:30 - 13:00	Lane Swim	Main Pool	Lanes Available
11:30 - 13:00	Preschool Learn to Swim	Teaching Pool	Booking required
11:30 - 13:00	General Swim	Main Pool	
13:00 - 14:00	Relaxed Swim	Main Pool	
13:00 - 14:00	Mini Splash Time	Teaching Pool	
14:00 - 15:30	General Swim	Teaching Pool	
14:00 - 15:30	General Swim (L1)	Main Pool	Lane Available
15:45 - 18:45	Learn to Swim	Main Pool	
15:45 - 18:45	Learn to Swim	Teaching Pool	
15:45 - 18:45	General Swim	Main Pool	
19:00 - 21:00	Lane Swim	Main Pool	Lanes Available