

Fitness sessions timetable

Beverley Road Baths

Accurate as of 14/08/2026

Times for Saturday 15 August			
Time	Session	Facility	
8:30 am - 10:30 am	Family Gym	Gym	
8:30 am - 5:00 pm	Gym Open to Public	Gym	
11:30 am - 12:30 pm	Junior Gym (age 11+)	Gym	