

Fitness sessions timetable

Beverley Road Baths

Accurate as of 22/09/2026

Times for Monday 28 September

Time	Session	Facility
6:30 am - 8:00 am	Family Gym	Gym
6:30 am - 9:00 pm	Gym Open to Public	Gym
3:30 pm - 5:00 pm	Family Gym	Gym
4:00 pm - 5:00 pm	Junior Gym (age 11+)	Gym
8:00 pm - 9:00 pm	Family Gym	Gym