

# Fitness sessions timetable

## Beverley Road Baths

Accurate as of 02/10/2026

| Times for Tuesday 6 October |                      |          |  |
|-----------------------------|----------------------|----------|-------------------------------------------------------------------------------------|
| Time                        | Session              | Facility |                                                                                     |
| 6:30 am - 8:00 am           | Family Gym           | Gym      |                                                                                     |
| 6:30 am - 9:00 pm           | Gym Open to Public   | Gym      |                                                                                     |
| 3:30 pm - 5:00 pm           | Family Gym           | Gym      |                                                                                     |
| 4:00 pm - 5:00 pm           | Junior Gym (age 11+) | Gym      |                                                                                     |
| 8:00 pm - 9:00 pm           | Family Gym           | Gym      |                                                                                     |