

Fitness sessions timetable

Beverley Road Baths

Accurate as of 02/10/2026

Times for Thursday 8 October			
Time	Session	Facility	
6:30 am - 8:00 am	Family Gym	Gym	
6:30 am - 10:00 pm	Gym Open to Public	Gym	
8:30 am - 9:30 am	Female Only Gym	Gym	
3:30 pm - 5:00 pm	Family Gym	Gym	
8:00 pm - 9:00 pm	Family Gym	Gym	