


# Fitness sessions

## Costello Stadium

Accurate as of 05/05/2024

Times for Friday 26 April			
Time	Session	Facility	
7:30 am - 9:00 pm	Gym Open to Public	Gym	
9:30 am - 10:30 am	Circuit training	Activity Hall	
7:00 pm - 9:00 pm	Family Gym	Gym	