

# Fitness sessions

## Costello Stadium

Accurate as of 05/05/2024

### Times for Tuesday 30 April



Time	Session	Facility
7:30 am - 9:00 pm	Gym Open to Public	Gym
4:30 pm - 5:30 pm	Junior gym	Gym
6:00 pm - 6:45 pm	Body Blast	Studio
7:00 pm - 7:45 pm	Coremax	Studio
7:00 pm - 9:00 pm	Family Gym	Gym