

# Fitness sessions

## Costello Stadium

Accurate as of 19/05/2024

### Times for Friday 3 May



Time	Session	Facility
7:30 am - 9:00 pm	Gym Open to Public	Gym
9:30 am - 10:30 am	Circuit training	Activity Hall
7:00 pm - 9:00 pm	Family Gym	Gym