

Fitness sessions

Costello Stadium

Accurate as of 20/05/2026

Times for Thursday 30 April



Time	Session	Facility
7:30 am - 9:00 pm	Gym Open to Public	Gym
9:30 am - 10:30 am	Yoga	Meeting Room
3:30 pm - 5:30 pm	Junior gym	Gym
7:00 pm - 7:45 pm	Mobility Stretch	Studio
7:00 pm - 9:00 pm	Family Gym	Gym