

Fitness sessions

Costello Stadium

Accurate as of 07/08/2026

Times for Sunday 9 August			
Time	Session	Facility	
9:00 am - 10:00 am	Boot camp	Activity Hall	
9:00 am - 3:00 pm	Gym Open to Public	Gym	
9:00 am - 3:00 pm	Family Gym	Gym	