

Fitness sessions timetable

Albert Avenue Pools

Accurate as of 17/05/2025

Times for Saturday 19 September



Time	Session	Facility
10:00 am - 11:00 am	Gym Open to Public	Gym
11:30 am - 12:30 pm	Gym Open to Public	Gym
1:00 pm - 2:00 pm	Gym Open to Public	Gym
2:30 pm - 3:30 pm	Gym Open to Public	Gym