

Fitness sessions timetable

Albert Avenue Pools

Accurate as of 04/05/2026

Times for Monday 4 May



Time	Session	Facility
7:00 am - 4:00 pm	Gym Open to Public	Gym
11:00 am - 12:30 pm	Family Gym	Gym
12:00 pm - 1:00 pm	Junior gym	Gym