## **Zest Gym Timetable**Thirsk And Sowerby Leisure Centre

## Accurate as of 09/04/2024

| Times for Saturday 21 May |               |          |
|---------------------------|---------------|----------|
| Time                      | Session       | Facility |
| 07:00 - 16:00             | Opening Times | Gym      |
| 11:00 - 12:00             | Max Gym       | Gym      |