

Swim Timetable

Thirsk And Sowerby Leisure and Wellbeing Hub

Accurate as of 25/04/2026

Times for Friday 3 April



Time	Session	Facility	Level
12:00 - 13:00	Adult Lanes	Main Pool	Lanes Available
12:00 - 14:00	Tots Lessons	Teaching Pool	
13:30 - 15:30	General Swim (Lanes available)	Main Pool	Lanes Available
14:15 - 15:30	General Swim	Teaching Pool	
16:00 - 17:00	Junior Lessons	Main Pool	
16:00 - 17:00	Junior Lessons	Teaching Pool	