

Swim Timetable

Thirsk And Sowerby Leisure and Wellbeing Hub

Accurate as of 25/04/2026

Times for Saturday 4 April



Time	Session	Facility	Level
07:00 - 08:30	Swim Club	Main Pool	
08:00 - 11:00	Junior Lessons	Teaching Pool	
09:00 - 11:00	Junior Lessons	Main Pool	
11:00 - 12:00	Tots Lessons	Teaching Pool	
11:00 - 12:30	General Swim (Lanes available)	Main Pool	Lanes Available
12:30 - 13:30	Family Fun	Main Pool	
12:30 - 13:30	Family Fun	Teaching Pool	
13:45 - 14:45	Adult Lanes	Main Pool	Lanes Available
13:45 - 14:45	General Swim	Teaching Pool	