

Swim Timetable

Thirsk And Sowerby Leisure and Wellbeing Hub

Accurate as of 24/08/2026

Times for Saturday 15 August				
Time	Session	Facility	Level	
07:00 - 08:30	Swim Club	Main Pool		
08:00 - 11:00	Junior Lessons	Teaching Pool		
09:00 - 11:00	Junior Lessons	Main Pool		
11:00 - 12:00	Tots Lessons	Teaching Pool		
11:00 - 12:30	General Swim (Lanes available)	Main Pool	Lanes Available	
12:30 - 13:30	Family Fun	Main Pool		
12:30 - 13:30	Family Fun	Teaching Pool		
13:30 - 14:30	General Swim	Teaching Pool		
13:45 - 14:45	General Lanes	Main Pool	Lanes Available	