

Swim Timetable

Thirsk And Sowerby Leisure and Wellbeing Hub

Accurate as of 24/08/2026

Times for Sunday 16 August				
Time	Session	Facility	Level	
07:00 - 08:30	Swim Club	Main Pool		
08:45 - 09:45	General Lanes	Main Pool	Lanes Available	
08:45 - 13:30	General Swim	Teaching Pool		
10:00 - 12:15	General Swim (Lanes available)	Main Pool	Lanes Available	
12:30 - 13:30	General Lanes	Main Pool	Lanes Available	
13:45 - 14:45	For Hire	Main Pool	Booking required	
13:45 - 14:45	For Hire	Teaching Pool	Booking required	