

Swim Timetable

Thirsk And Sowerby Leisure and Wellbeing Hub

Accurate as of 03/10/2026

Times for Tuesday 6 October				
Time	Session	Facility	Level	
06:45 - 09:00	Lane Swim	Main Pool	Lanes Available	
09:00 - 12:00	Schools Swimming	Main Pool		
09:00 - 12:00	Schools Swimming	Teaching Pool		
12:00 - 13:00	Lane Swim	Main Pool	Lane Available	
13:15 - 14:15	General Swim	Teaching Pool		
13:15 - 15:45	General Swim (Lanes available)	Main Pool	Lanes Available	
16:00 - 17:30	Learn to Swim	Main Pool		
16:00 - 18:00	Learn to Swim	Teaching Pool		
17:45 - 18:45	General Swim (Lanes available)	Main Pool	Lanes Available	
18:00 - 18:45	General Swim	Teaching Pool		
19:00 - 20:30	Swim Club	Main Pool		
20:45 - 21:30	Lane Swim	Main Pool	Lanes Available	