

Swim Timetable

Thirsk And Sowerby Leisure and Wellbeing Hub

Accurate as of 03/10/2026

Times for Thursday 8 October				
Time	Session	Facility	Level	
06:45 - 09:00	Lane Swim	Main Pool	Lanes Available	
09:00 - 12:00	Schools Swimming	Main Pool		
09:00 - 12:00	Schools Swimming	Teaching Pool		
12:00 - 13:00	Lane Swim	Main Pool	Lanes Available	
12:00 - 13:00	Preschool Learn to Swim	Teaching Pool		
13:00 - 16:00	Closed Staff Training	Main Pool		
13:00 - 16:00	Closed Staff Training	Teaching Pool		
16:00 - 17:30	Learn to Swim	Teaching Pool		
16:00 - 18:00	Learn to Swim	Main Pool		
17:30 - 18:15	General Swim	Teaching Pool		
18:00 - 20:30	Swim Club	Main Pool		
20:45 - 21:30	Lane Swim	Main Pool	Lanes Available	