

# Steam sessions timetable

## Beverley Road Baths

Accurate as of 14/06/2026

Times for Monday 15 June



Time	Session	Facility
6:45 am - 3:00 pm	Sauna and Steam Rooms Open	Steam Room
11:00 am - 12:00 pm	Female Only Sauna and Steam	Steam Room
3:30 pm - 8:45 pm	Sauna and Steam Rooms Open	Steam Room