

Studio Timetable

Wolverton Swimming & Fitness Centre

Accurate as of 25/07/2026

Times for Sunday 26 July

Time	Session	Facility
08:45 - 09:30	Strike Aerobics	Main Studio
09:45 - 10:45	BODYPUMP ™	Main Studio
11:00 - 12:00	Pilates	Main Studio
12:00 - 12:45	Core	Main Studio