

Swimming Timetable

Meadowlands Leisure Centre

Accurate as of 14/05/2026

Times for Friday 16 January



Time	Session	Facility
7:00 am - 9:00 am	Adult Swim	Leisure Pool
9:00 am - 11:00 am	General Swim / Toddler Splash	Leisure Pool & Teaching Pool
11:00 am - 12:00 pm	Senior Aquafit	Leisure Pool & Teaching Pool
12:00 pm - 1:30 pm	General Swim / Toddler Splash	Leisure Pool & Teaching Pool
1:30 pm - 2:30 pm	School Swim	Leisure Pool & Teaching Pool
2:30 pm - 4:00 pm	General Swim / Toddler Splash	Leisure Pool & Teaching Pool
4:00 pm - 5:00 pm	Swim School	Leisure Pool & Teaching Pool
5:00 pm - 6:00 pm	Swim School / General Swim	Leisure Pool & Teaching Pool
6:00 pm - 7:00 pm	Adult Swim	Leisure Pool
6:00 pm - 9:30 pm	Swimming Club	Leisure Pool