

# Swimming Timetable

## Carnival Pool And Fitness Centre

Accurate as of 07/05/2024

### Times for Thursday 29 October



| Time                | Session                | Facility      |
|---------------------|------------------------|---------------|
| 6:30 am - 9:00 am   | Early Morning Swim     | Teaching Pool |
| 6:30 am - 9:30 am   | Early Morning Swim     | Main Pool     |
| 9:00 am - 9:30 am   | Swim School            | Beach Pool    |
| 9:00 am - 11:00 am  | Swim School            | Teaching Pool |
| 9:30 am - 10:15 am  | Aquafit                | Main Pool     |
| 9:30 am - 3:00 pm   | Toddler Splash         | Beach Pool    |
| 10:15 am - 11:00 am | Shine Aqua             | Main Pool     |
| 11:00 am - 12:30 pm | Family Splash          | Teaching Pool |
| 11:00 am - 2:00 pm  | General Swim           | Main Pool     |
| 2:00 pm - 3:00 pm   | Senior Swim            | Main Pool     |
| 2:00 pm - 3:00 pm   | Senior Swim            | Teaching Pool |
| 3:00 pm - 4:00 pm   | Family Splash          | Teaching Pool |
| 3:00 pm - 5:00 pm   | Family Splash          | Main Pool     |
| 3:00 pm - 5:00 pm   | Family Splash          | Beach Pool    |
| 4:00 pm - 7:00 pm   | Swim School            | Teaching Pool |
| 5:00 pm - 7:00 pm   | Swim School            | Beach Pool    |
| 5:00 pm - 7:45 pm   | Swim School            | Main Pool     |
| 7:00 pm - 8:00 pm   | Adult Swimming lessons | Teaching Pool |
| 7:45 pm - 10:30 pm  | Adult Swim             | Main Pool     |
| 8:00 pm - 10:00 pm  | Adult Swim             | Teaching Pool |
| 9:00 pm - 10:00 pm  | Adult Swimming lessons | Main Pool     |