

# Swimming Timetable

## Loddon Valley Leisure Centre

Accurate as of 21/05/2026

### Times for Monday 25 May



Time	Session	Facility
6:30 am - 9:25 am	Adult Swim	Main Pool
9:30 am - 10:15 am	Aquafit	Main Pool
9:30 am - 11:00 am	Adult and Child	Teaching Pool
10:30 am - 12:00 pm	Swim School	Main Pool
11:00 am - 12:00 pm	Swim School	Teaching Pool
12:00 pm - 1:30 pm	Family Swim	Teaching Pool
12:00 pm - 2:00 pm	General Swim	Main Pool
1:30 pm - 3:00 pm	Swim School	Teaching Pool
2:00 pm - 3:00 pm	Senior Swim	Main Pool
3:00 pm - 4:00 pm	Family Swim	Main Pool
3:00 pm - 4:00 pm	Family Swim	Teaching Pool
4:00 pm - 6:30 pm	Swim School	Teaching Pool
4:00 pm - 8:00 pm	Swim School	Main Pool
6:30 pm - 8:00 pm	Family Swim	Main Pool
6:30 pm - 8:00 pm	Family Swim	Teaching Pool
8:00 pm - 10:30 pm	Adult Swim	Main Pool