

Swimming Timetable

Loddon Valley Leisure Centre

Accurate as of 25/08/2026

Times for Friday 28 August			
Time	Session	Facility	
6:30 am - 9:25 am	Adult Swim	Main Pool	
9:30 am - 10:15 am	Aquafit	Main Pool	
9:30 am - 11:00 am	Adult and Child	Teaching Pool	
10:15 am - 11:00 am	Senior Aquafit	Main Pool	
11:00 am - 12:00 pm	School Swim	Main Pool	
11:00 am - 12:00 pm	School Swim	Teaching Pool	
12:00 pm - 1:30 pm	Family Swim	Teaching Pool	
12:00 pm - 2:00 pm	General Swim	Main Pool	
1:30 pm - 3:00 pm	Swim School	Teaching Pool	
2:00 pm - 3:00 pm	Senior Swim	Main Pool	
3:00 pm - 4:00 pm	Family Swim	Teaching Pool	
3:00 pm - 4:00 pm	General Swim	Main Pool	
4:00 pm - 6:30 pm	Swim School	Main Pool	
4:00 pm - 6:30 pm	Swim School	Teaching Pool	
6:00 pm - 8:00 pm	Family Swim	Teaching Pool	
6:30 pm - 8:00 pm	Family Swim	Main Pool	
8:00 pm - 10:30 pm	Adult Swim	Main Pool	