

# Brimham Nidderdale Class Timetable

## Nidderdale Pool & Leisure Centre

Accurate as of 26/04/2024

### Times for Tuesday 22 September



Time	Session	Facility
11:15 - 12:00	Aqua-core	Indoor Pool (20.0m)
17:30 - 18:45	Yoga	Main Hall
18:00 - 18:55	Box H I I T	Main Hall
19:15 - 20:00	Cyclone Spinning	Squash Courts