

Brimham Nidderdale Class Timetable

Nidderdale Pool & Leisure Centre

Accurate as of 05/05/2024

Times for Thursday 25 April

| Time | Session | Facility |
|---------------|---------|-----------|
| 18:15 - 18:45 | HIIT | Main Hall |
| 19:15 - 20:15 | Pilates | Main Hall |