

Brimham Nidderdale Class Timetable

Nidderdale Pool & Leisure Centre

Accurate as of 19/05/2024

Times for Saturday 4 May



Time	Session	Facility
09:00 - 10:00	Swim fit	Indoor Pool (20.0m)
09:00 - 10:00	Power Pilates	Main Hall
09:00 - 10:00	Running Group.	Outdoor Running Route
10:15 - 11:15	Running Group - Advanced	Outdoor Running Route
10:15 - 11:15	Pilates	Main Hall