

Moor Park Health & Leisure Centre

Swimming Timetable

Moor Park Health & Leisure Centre

Accurate as of 27/05/2026

Times for Tuesday 14 January



Time	Session	Facility
7:00 am - 12:30 pm	Lane Swimming	Main Pool
9:00 am - 9:30 am	Swim for All	Main Pool
9:00 am - 12:30 pm	Swim for All	Teaching Pool
9:30 am - 10:00 am	Tiny Tadpole	Teaching Pool
9:30 am - 10:15 am	Shallow Aqua	Main Pool
10:00 am - 11:00 am	Tiddler Swimming Lessons	Teaching Pool
10:15 am - 11:45 am	Swim for All	Main Pool
11:00 am - 11:30 am	Tiny Tadpole	Teaching Pool
11:30 am - 12:00 pm	Adult Swimming Lessons	Teaching Pool
11:45 am - 12:30 pm	Shallow Aqua	Main Pool
12:30 pm - 2:45 pm	Primary Schools	Main Pool
12:30 pm - 2:45 pm	Primary Schools	Teaching Pool
2:45 pm - 4:00 pm	Swim for All	Teaching Pool
2:45 pm - 5:45 pm	Swim for All	Main Pool
2:45 pm - 9:30 pm	Lane Swimming	Main Pool
3:30 pm - 6:45 pm	Swimming Lessons	Teaching Pool
5:30 pm - 6:45 pm	Swim for All	Teaching Pool
5:45 pm - 6:45 pm	Swimming Lessons	Main Pool
6:45 pm - 7:45 pm	Staff Training	Main Pool
7:45 pm - 8:30 pm	Aqua Bootcamp	Main Pool

Time

Session

Facility

8:30 pm - 9:15 pm

Aqua Jogging

Main Pool