

Moor Park Health & Leisure Centre

Swimming Timetable

Moor Park Health & Leisure Centre

Accurate as of 27/05/2026

Times for Thursday 16 January



Time	Session	Facility
7:00 am - 8:30 am	Early Bird Swimming	Main Pool
7:00 am - 8:30 am	Swim for All	Main Pool
7:00 am - 8:45 am	Lane Swimming	Main Pool
8:45 am - 12:15 pm	Primary Schools	Main Pool
8:45 am - 12:15 pm	Primary Schools	Teaching Pool
12:15 pm - 1:00 pm	Shallow Aqua	Main Pool
12:15 pm - 4:00 pm	Swim for All	Teaching Pool
12:15 pm - 9:30 pm	Lane Swimming	Main Pool
12:30 pm - 1:30 pm	Tiny Tadpole	Teaching Pool
1:30 pm - 2:30 pm	Tiddler Swimming Lessons	Teaching Pool
1:45 pm - 6:45 pm	Swim for All	Main Pool
5:30 pm - 7:00 pm	BA - Link session	Main Pool
7:00 pm - 7:45 pm	Rookie Lifeguard	Main Pool
7:45 pm - 8:30 pm	Aqua Bootcamp	Main Pool