

# Moor Park Health & Leisure Centre

## Swimming Timetable

### Moor Park Health & Leisure Centre

Accurate as of 27/05/2026

#### Times for Sunday 19 January



Time	Session	Facility
8:00 am - 8:45 am	Lane Swimming	Main Pool
8:00 am - 8:45 am	Early Bird Swimming	Main Pool
8:45 am - 11:30 am	Polar Bears Club	Main Pool
11:30 am - 2:00 pm	Swim for All	Main Pool
11:30 am - 4:00 pm	Swim for All	Teaching Pool
11:30 am - 4:30 pm	Lane Swimming	Main Pool
12:00 pm - 4:00 pm	Tiny Tots Fun Session	Teaching Pool
2:00 pm - 3:15 pm	Family Fun Session	Main Pool
3:30 pm - 4:30 pm	Aqua Bootcamp	Main Pool