

Moor Park Health & Leisure Centre

Swimming Timetable

Moor Park Health & Leisure Centre

Accurate as of 23/05/2026

Times for Monday 25 May



Time	Session	Facility
7:00 am - 9:00 am	Early Bird Swimming	Main Pool
7:00 am - 7:00 pm	Lane Swimming	Main Pool
9:00 am - 9:30 am	Swim for All	Main Pool
9:00 am - 4:00 pm	Swim for All	Teaching Pool
9:30 am - 10:15 am	Shallow Aqua	Main Pool
9:45 am - 10:45 am	Tiny Tadpole	Teaching Pool
10:30 am - 7:00 pm	Swim for All	Main Pool
12:30 pm - 2:30 pm	Tiddler Swimming Lessons	Teaching Pool
4:00 pm - 6:45 pm	Learn To Swim Lessons	Teaching Pool
4:00 pm - 7:00 pm	Learn To Swim Lessons	Main Pool