


Swimming Timetable

Corby East Midlands International Pool

Accurate as of 19/05/2024

| Times for Wednesday 13 February | | |  |
|---------------------------------|--|---------------------|---|
| Time | Session | Facility | |
| 06:30 - 07:30 | 50m Public Lane Swim | 50m Pool | |
| 07:00 - 21:30 | Leisure Swim 1.4m Depth | Fun Pool End | |
| 10:00 - 21:30 | 25m Public Lane Swim (Competent Swimmers Only) | 25m Pool | |
| 12:00 - 13:00 | Adult Swim/Disability & Additional Needs Session | 20m Pool (1m Depth) | |
| 12:00 - 13:00 | Leisure Swim 1.4m Depth | Diving End | |
| 13:00 - 19:00 | Leisure Swim | 20m Pool (1m Depth) | |
| 14:30 - 15:30 | Adult Swim 1.4m Depth | Diving End | |
| 19:00 - 21:00 | Leisure Swim/Disability & Additional Needs Session | 20m Pool (1m Depth) | |
| 19:30 - 20:30 | Shallow Water Workout | Diving End | |