Swimming Timetable Corby East Midlands International Pool

Accurate as of 16/05/2024

| Times for Tuesday 16 April | | | () |
|----------------------------|--|-------------------------|------------|
| Time | Session | Facility | |
| 07:00 - 08:30 | 25m Public Lane Swim (Competent Swimmers Only) | 25m Pool | |
| 08:30 - 20:00 | 25m Public Lane Swim (Competent Swimmers Only) | 25m Pool | |
| 09:00 - 11:30 | Parent & Toddler | 20m Pool (1m Depth) | |
| 10:00 - 11:00 | Leisure Swim | Fun Pool End | |
| 10:00 - 19:00 | Under 8's Leisure Swim | Pirate Pool (Under 8's) | |
| 10:30 - 19:00 | Aquatube Body Ride | Aquatube Body Ride | |
| 12:00 - 13:00 | Adult Swim/Disability & Additional Needs Session | 20m Pool (1m Depth) | |
| 12:00 - 13:00 | Leisure Swim 1.4m Depth (Cancelled) | Diving End | |
| 13:00 - 19:00 | Leisure Swim | 20m Pool (1m Depth) | |
| 14:30 - 15:30 | Supervised Public Diving | Diving End | |
| 19:00 - 20:00 | Deep Water Workout | Diving End | |
| 19:00 - 20:00 | Leisure Swim 1.2m Depth | Fun Pool End | |
| 20:00 - 21:00 | Supervised Public Diving | Diving End | |
| 20:00 - 22:00 | Adult Swim 1.4m Depth | Fun Pool End | |
| 20:00 - 22:00 | Adult Lane Swim (Max 20 swimmers) | 25m Pool | |
| 21:00 - 22:00 | Adult Swim 1.8m Depth | 25m Pool | |