


# Swimming Timetable

## Corby East Midlands International Pool

Accurate as of 08/05/2024

Times for Tuesday 23 April			
Time	Session	Facility	
07:00 - 08:30	25m Public Lane Swim (Competent Swimmers Only)	25m Pool	
08:30 - 20:00	25m Public Lane Swim (Competent Swimmers Only)	25m Pool	
09:30 - 10:30	Parent & Toddler	20m Pool (1m Depth)	
10:00 - 11:00	Leisure Swim	Fun Pool End	
10:00 - 19:00	Under 8's Leisure Swim	Pirate Pool (Under 8's)	
12:00 - 13:00	Adult Swim/Disability & Additional Needs Session	20m Pool (1m Depth)	
12:00 - 13:00	Leisure Swim 1.4m Depth	Diving End	
13:00 - 19:00	Leisure Swim	20m Pool (1m Depth)	
19:00 - 20:00	Deep Water Workout	Diving End	
19:00 - 20:00	Leisure Swim 1.2m Depth	Fun Pool End	
20:00 - 21:00	Supervised Public Diving	Diving End	
20:00 - 22:00	Adult Swim 1.4m Depth	Fun Pool End	
20:00 - 22:00	Adult Lane Swim (Max 20 swimmers)	25m Pool	
21:00 - 22:00	Adult Swim 1.8m Depth	25m Pool	