

# Swimming Timetable

## Corby East Midlands International Pool

Accurate as of 30/04/2024

### Times for Thursday 12 December



Time	Session	Facility
07:00 - 08:30	50m Public Lane Swim	50m Pool
09:00 - 20:00	25m Public Lane Swim (Competent Swimmers Only)	25m Pool
09:45 - 10:30	Shallow Water Workout	Diving End
10:00 - 19:00	Under 8's Leisure Swim	Pirate Pool (Under 8's)
12:00 - 13:00	Adult Swim/Disability & Additional Needs Session	20m Pool (1m Depth)
12:00 - 13:00	Leisure Swim 1.4m Depth	Diving End
13:00 - 14:30	Parent & Toddler	20m Pool (1m Depth)
14:30 - 19:00	Leisure Swim	20m Pool (1m Depth)
19:00 - 20:00	Leisure Swim 1.2m Depth	Fun Pool End
20:00 - 21:00	Ladies Only	20m Pool (1m Depth)
20:00 - 22:00	Adult Swim 1.4m Depth	Fun Pool End
20:00 - 22:00	Adult Swim 1.8m Depth	25m Pool