

Swimming Timetable

Corby East Midlands International Pool

Accurate as of 25/04/2024

Times for Friday 20 December



| Time | Session | Facility |
|---------------|--|-------------------------|
| 06:30 - 07:30 | 25m Public Lane Swim (Competent Swimmers Only) | 25m Pool |
| 08:30 - 19:00 | 25m Public Lane Swim (Competent Swimmers Only) | 25m Pool |
| 09:00 - 10:00 | Leisure Swim | Fun Pool End |
| 09:30 - 10:30 | Parent & Toddler | 20m Pool (1m Depth) |
| 10:00 - 19:00 | Under 8's Leisure Swim | Pirate Pool (Under 8's) |
| 12:00 - 13:00 | Adult Swim/Disability & Additional Needs Session | 20m Pool (1m Depth) |
| 12:00 - 13:00 | Leisure Swim 1.4m Depth | Diving End |
| 13:00 - 19:00 | Leisure Swim | 20m Pool (1m Depth) |
| 19:30 - 21:30 | 50m Public Lane Swim | 50m Pool |