

Tides Pool Programme

Tides Leisure & Indoor Tennis Centre

Accurate as of 05/10/2026

Times for Saturday 10 October			
Time	Session	Facility	
7:00 am - 8:00 am	Early Riser Adult Swim	Pool	
10:30 am - 6:00 pm	Leisure Time Swim	Pool	
6:30 pm - 8:30 pm	Available for Hire	Pool	