

# Blackpool Sport Centre Exercise Class Timetable

## Blackpool Sports Centre

Accurate as of 09/05/2026

### Times for Sunday 23 June



Time	Session	Facility	Instructor	Level
10:00 am - 11:00 am	Piloxing	Dance Studio	Terry	Medium Intensity
11:00 am - 12:00 pm	Pilates	Dance Studio	Terry	All