

# Whole Centre Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 20/04/2026

### Times for Wednesday 22 April



Time	Session	Facility
7:00 am - 9:00 am	Lane Swim	Outdoor Pool (25.0m)
9:00 am - 9:45 am	Cardio Fit	Studio
9:00 am - 9:45 am	Shallow Water Aquafit	Outdoor Pool (25.0m)
10:00 am - 10:45 am	Spinning	Studio
10:00 am - 12:00 pm	General Swim	Outdoor Pool (10.0m)
11:00 am - 12:00 pm	Walking Netball	Main Hall
1:00 pm - 1:45 pm	Seated Strength	Studio
3:30 pm - 6:30 pm	General Swim	Outdoor Pool (10.0m)
4:45 pm - 5:45 pm	Pilates	Studio
6:00 pm - 6:45 pm	Zumba	Studio
7:00 pm - 7:45 pm	Lane Swim	Outdoor Pool (25.0m)
7:00 pm - 8:00 pm	Adult Netball	Main Hall
7:00 pm - 9:00 pm	Karate	Studio