

Swim Timetable

Courtown Adventure & Leisure Centre

Accurate as of 02/05/2024

Times for Monday 19 August



| Time | Session | Facility |
|---------------|-----------------------------------|----------|
| 09:00 - 09:45 | Main Pool Public Swimming only | Pool |
| 09:00 - 09:45 | Main Pool Public Swimming only | Pool |
| 09:00 - 09:45 | Limited Public Swim | Pool |
| 09:00 - 09:45 | Limited Adult Members Swim | Pool |
| 09:00 - 10:00 | Main Pool Public Swimming only | Pool |
| 09:00 - 11:00 | Summer Intensive Swimming Lessons | Pool |
| 09:00 - 11:00 | Summer Intensive Swimming Lessons | Pool |
| 09:00 - 11:00 | Summer Intensive Swimming Lessons | Pool |
| 09:00 - 11:00 | Children's Swim Academy | Pool |
| 09:00 - 11:00 | Children's Swim Academy | Pool |
| 10:00 - 11:00 | School Swimming Lessons | Pool |
| 10:00 - 11:00 | School Swimming Lessons | Pool |
| 10:00 - 11:00 | Children's Swim Academy | Pool |
| 10:00 - 11:00 | Children's Swim Academy | Pool |
| 10:00 - 11:00 | Children's Swim Academy | Pool |
| 10:00 - 11:00 | Children's Swim Academy | Pool |
| 11:00 - 11:45 | Aqua Fit | Pool |
| 11:15 - 18:00 | Public Swimming | Pool |
| 12:00 - 18:15 | Public Swimming | Pool |
| 15:00 - 16:00 | School Swimming Lessons | Pool |
| 20:00 - 20:45 | Aqua Fit (Members Lane Available) | Pool |

| Time | Session | Facility |
|---------------|------------------------------------|----------|
| 20:00 - 20:45 | Learner Pool Public (Members only) | Pool |