

# Swim Timetable

## Courtown Adventure & Leisure Centre

Accurate as of 15/05/2024

Times for Monday 14 October			
Time	Session	Facility	
08:00 - 10:45	Public Swimming	Pool	
09:00 - 09:45	Main Pool Public Swimming only	Pool	
09:00 - 09:45	Main Pool Public Swimming only	Pool	
09:00 - 09:45	Limited Public Swim	Pool	
09:00 - 09:45	Limited Adult Members Swim	Pool	
09:00 - 10:00	Main Pool Public Swimming only	Pool	
09:00 - 11:00	Summer Intensive Swimming Lessons	Pool	
09:00 - 11:00	Summer Intensive Swimming Lessons	Pool	
09:00 - 11:00	Summer Intensive Swimming Lessons	Pool	
09:00 - 11:00	Children's Swim Academy	Pool	
09:00 - 11:00	Children's Swim Academy	Pool	
10:00 - 11:00	School Swimming Lessons	Pool	
10:00 - 11:00	School Swimming Lessons	Pool	
10:00 - 11:00	Children's Swim Academy	Pool	
10:00 - 11:00	Children's Swim Academy	Pool	
10:00 - 11:00	Children's Swim Academy	Pool	
10:00 - 11:00	Children's Swim Academy	Pool	
11:00 - 11:45	Aqua Fit	Pool	
11:15 - 18:00	Public Swimming	Pool	
12:00 - 18:15	Public Swimming	Pool	
15:00 - 16:00	School Swimming Lessons	Pool	

Time	Session	Facility
20:00 - 20:45	Aqua Fit (Members Lane Available)	Pool
20:00 - 20:45	Learner Pool Public (Members only)	Pool